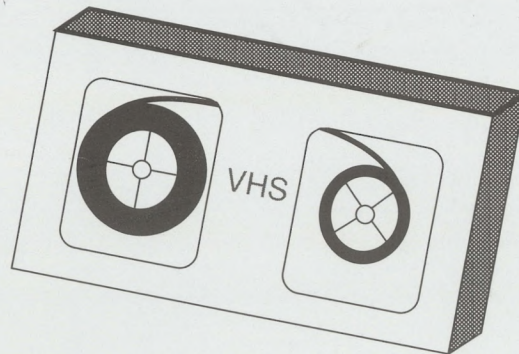


TWCC RESOURCE CENTER

AUDIOVISUAL CATALOG

1992



*To learn more about how to develop health and safety training
programs at your workplace, call or write the
Texas Workers' Compensation Commission
Workers' Health and Safety Division
4000 S. IH-35 Austin, Texas 78704-7491
512-440-3923*

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PREFACE

The Texas Workers' Compensation Reform Act of 1990 directs the Texas Workers' Compensation Commission (TWCC) to make available safety and health information to all Texas employers and employees. In answer to this mandate, the Workers' Health and Safety Division manages the TWCC Resource Center. The TWCC Resource Center is the primary contact for health and safety issues, safety education and training information and materials.

The Resource Center provides information in many different formats. VHS videotapes, slide programs, periodicals, books, on-line research, and many other sources are available. Persons seeking information on any health and safety related subject will find it here.

This catalog lists the available titles and subjects in the Resource Center's Audiovisual Collection. The videotapes and slide programs are usually 5 to 30 minutes in length and focus on a single safety topic incorporating basic learning skills. The programs give instruction, provide examples and pose questions for the viewer.

In addition, the catalog provides some simple guidelines for conducting a successful training session. Suggestions range from agendas to seating arrangements.

The TWCC Resource Center is committed to increasing workplace safety and health through training, education and research.

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PREPARING FOR YOUR TRAINING SESSION

Preparation is one of the key elements to creating an effective training session. To prepare for a training course, practice your presentation several times. Don't try to memorize your speech word-for-word. Instead, use notes and experiment with different words or phrases until you sound natural. Practice being natural. This may sound silly at first, but most speakers are afraid to look into the audience, to walk around the room, or to use hand gestures. The more you practice, the more you will feel confident with yourself and with the subject matter. Above all, show enthusiasm. Let the audience know you feel strongly about the safety topic at hand. If they see you have an interest in the topic and in them, they will reciprocate the feeling.

Details to Consider. There are several details which must be given consideration prior to presenting your safety program.

1. Target the audience. To obtain the desired audience, you must first decide what groups would benefit most from the presentation. Advertise your training session on doors and bulletin boards, on the company's central address system, in lounges and cafeterias, in payroll envelopes, in company newsletters, etc. State what the safety topic is, when training takes place, where it takes place, and who is encouraged to attend.

2. Preview the video. Watch the video in advance. This provides you with the opportunity to make the material relevant to your audience. Take notes on key ideas. Emphasize these ideas and relate them to previous incidents in the company. If you note any out-dated information, identify this to the audience.

3. Design your presentation. All presentations should have a three-part structure: an introduction, a discussion, and a conclusion. The introduction should be brief and to the point. It should also capture the audience's attention by using humor, statistical facts, your view point, etc. Once you have the audience's attention you can move on to the discussion.

The majority of the time should be spent in discussion. It should be interesting enough to maintain the audience's attention. Work at personalizing your presentation to your audience. Remind them of a recent incident in the company that relates to the safety topic discussed. Your thoughts should be organized, clear, and easy to understand. Use visual aids for increased effect.

Finally, restate and emphasize the main points of the videotape in your conclusion. The conclusion, like the introduction, should be short and direct. Do not make the conclusion any longer than necessary; you run the risk of losing your audience. Most importantly, your conclusion should leave your audience with a lasting impression of safety.

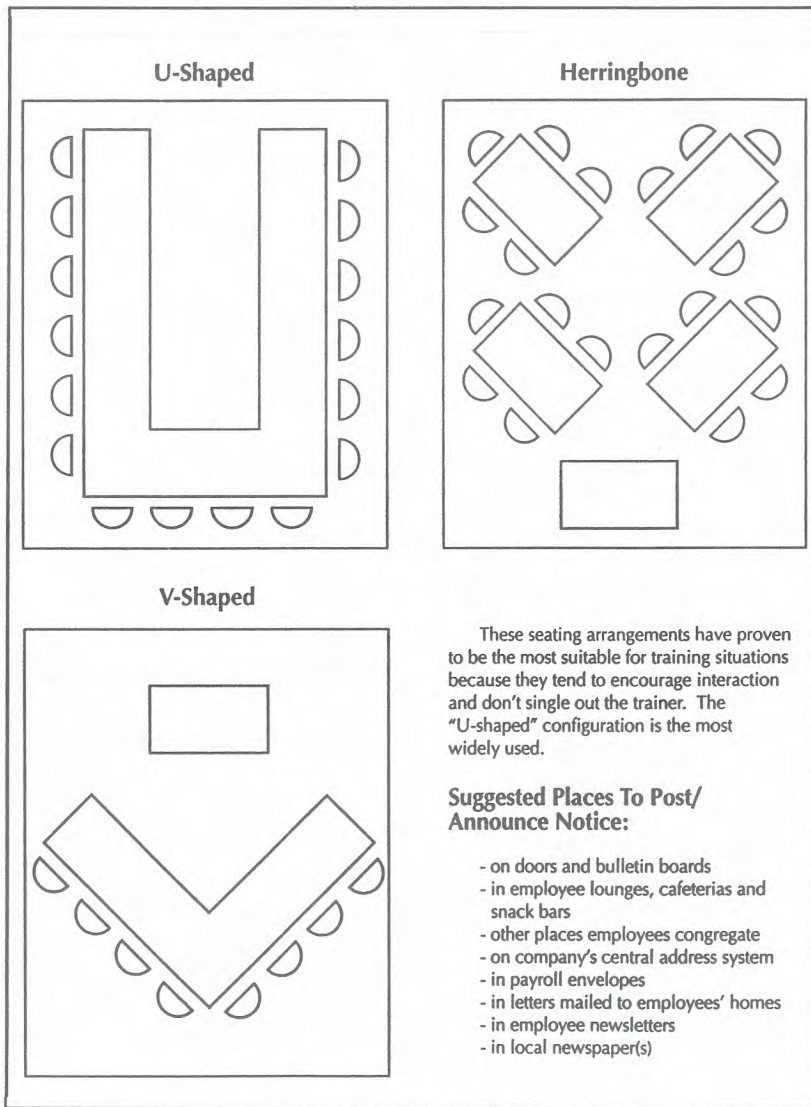


Figure 1 - Seating Arrangements

4. Determine seating layout. A few days prior to your safety training course, look at the room and determine an appropriate seating layout for the room. Arrange the seating to your advantage. Figure 1 contains suggested seating arrangements. Adopt a layout that encourages interaction rather than focusing on you.

5. Use the Training Session Checklist (Figure 2). It is essential that you preview the checklist. Make sure the room has adequate temperature and proper ventilation. Nothing distracts an audience more than a room that is too hot, too cold, or too stuffy. This checklist is also helpful in reducing the chance of forgetting equipment or supplies necessary for the success of your training session.

Designing an Agenda.

Preparing and following an agenda increases training effectiveness not only for yourself, but for your audience as well. The importance of having an agenda is that it informs participants what will be discussed, what is expected of them, and what you intend to accomplish. An agenda will maintain structure and organization to your presentation. You will feel more confident about the presentation because your audience will expect or anticipate what will occur next, making the discussion flow smoothly.

When preparing an agenda, write it from the audience's perspective. In other words, put yourself in their place. As a member of the audience, what information should you learn in order to perform work safely; how will the information you learn apply to your current work; etc.

Consider setting a time limit on each item on the agenda. Don't spend more time introducing and concluding the safety topic than on the discussion itself. Allow plenty of time for participation in the discussion. When introducing the safety topic, identify and write key points to be discussed in the video. Combine visual support such as a blackboard, overhead projector or a white erase board with the speech to increase retention. Studies show people retain 20% of what they hear, 30% of what they see, and 70% of what they see and hear.

After viewing the video, reemphasize the key ideas. There are several effective ways to do this: a demonstration, a survey or questionnaire. Some videotapes already have questions designed. Use these when available.

<p>Meeting Room</p> <ul style="list-style-type: none"> <input type="checkbox"/> Space <input type="checkbox"/> Ventilation <input type="checkbox"/> Lighting <input type="checkbox"/> Temperature <input type="checkbox"/> Set-Up <p>Equipment</p> <ul style="list-style-type: none"> <input type="checkbox"/> TV Monitor <input type="checkbox"/> Easel <input type="checkbox"/> VCR (VHS) <input type="checkbox"/> Demonstration Equipment <input type="checkbox"/> Electric or Battery Power <input type="checkbox"/> Overhead Projector <input type="checkbox"/> Table for Printed Materials <input type="checkbox"/> Screen <input type="checkbox"/> Tables and Chairs <input type="checkbox"/> Spare Projector Bulbs <input type="checkbox"/> Blackboard <input type="checkbox"/> Extension Cord <p>Printed Materials</p> <ul style="list-style-type: none"> <input type="checkbox"/> Viewing Log <input type="checkbox"/> Tests <input type="checkbox"/> Video Summary <input type="checkbox"/> Handouts Other: _____ _____ _____ _____ 	<p>Supplies</p> <ul style="list-style-type: none"> <input type="checkbox"/> Note Pads <input type="checkbox"/> Chalk and Eraser <input type="checkbox"/> Pens or Pencils <input type="checkbox"/> Wastebasket <input type="checkbox"/> Pencil Sharpener <input type="checkbox"/> Name Tags/Place Cards <input type="checkbox"/> Rubber Bands/ Push Pins <p>Prepared Visuals</p> <ul style="list-style-type: none"> <input type="checkbox"/> Audiovisual program <input type="checkbox"/> Flip Charts <input type="checkbox"/> Transparencies Other: _____ _____ _____ _____
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Figure 2 - Training Session Checklist

TWCC RESOURCE CENTER AUDIOVISUAL LOAN REQUEST FORM

FOR LIBRARY USE ONLY

Patron ID No:

Ship:

Due:

This form must be used to request audiovisual programs for one show date only. All information must be completed in detail for audiovisual program to be scheduled. Other request formats will not be accepted or filled.

Company Name (Please Print)	Phone No.	
Requestor's Name	Date of Showing	
Street Address (Delivery will not be made to a Post Office Box)		
City	State TX	Zip
Audiovisual Title & No.		
Alternate Audiovisual Title & No.		

Requestor has read and agrees to abide by the TWCC Resource Center Audiovisual Loan Procedures. Requestor will return the audiovisual program to Austin on or before the "Date Due" shown on the Audiovisual Usage Form (included with your tape or slide program), which is to be completed and returned.

Requestor's Signature: _____ Date: _____

TWCC Resource Center Audiovisual Loan Procedures

1. The TWCC Resource Center includes a non-commercial audiovisual library to loan videos and slide programs for use in your safety training program. You may not request a video or slide program for public showing, rescheduling to others, or for any showing where a fee is charged.
2. Video and slide programs loans are made only by written, signed requests made on the form above and received at least 21 days prior to your program show date. Since titles are booked on a first come, first served basis, earlier requests will help ensure title availability. You may either mail or fax your request to the library. Walk-in requests are accepted only if material is available. The request must show the date that your program is to be shown and the title and number of the video(s) or slide program(s) being requested and an alternate title and number. If titles are unavailable you will be notified by telephone to arrange alternate dates or titles.
3. After use, please rewind the video or place slides in correct sequence. **Make sure that video is in correct tape case.** Complete the Audiovisual Usage Form (included with tape or slide program) showing the number of times the program was shown and the total number of viewers. Please note any damage to the video or slide program so that it can be repaired before being sent out again.
4. The "Date Due" shown on the Audiovisual Usage Form is the date the program is due back in Austin. Return by overnite or two-day courier service, e.g. UPS, Federal Express, etc., in order to better trace missing shipments. **Insure for the value indicated on mailing label.** In the event of loss, you agree by signing the Audiovisual Loan Request to pay the replacement cost of the audiovisual program promptly.
5. Copyright regulations prohibit any duplication or tampering of the videos. Anyone violating the regulations may face a misdemeanor charge. Your written request for loan is your agreement not to copy or videotape the program.
6. You may call for confirmation of availability before faxing request. If you have any other questions, please call the TWCC Resource Center Librarian at (512) 440-3702.

MAIL OR FAX TO:

**TWCC Resource Center
Texas Workers' Compensation Commission
4000 South IH-35
Austin, Texas 78704-7491
FAX (512) 440-3831**

TRAINING PROGRAMS

Listed below are the training program series available for loan. The description of these programs can be found in the AUDIOVISUAL LISTING. The videotape or slide program of each training series may be shown independently or as a series. For more information call the TWCC Resource Center Librarian at (512) 440-3702.

CUMULATIVE TRAUMA: REDUCING THE RISK

This three-videotape program addresses a variety of upper body repetitive motion disorders including tendinitis, carpal tunnel syndrome, tennis elbow and more. The tapes in the series are:

- V304 It All Adds Up: Module 1
- V311 Meeting the Challenge: Module 2
- V310 Managing Cumulative Trauma: Module 3

DAN PETERSEN SAFETY MANAGEMENT SERIES

This five-videotape series exposes the tough issues that managers face when creating a new level of safety excellence within an organization. The tapes in the series are:

- V279 Criteria for Safety Excellence - Part 1
- V280 Evaluating Your Safety System - Part 2
- V282 What Gets Measured and Rewarded Gets Done - Part 3
- V283 Safe Behavior Reinforcement - Part 4
- V284 High Participation Safety...A Case Study - Part 5

ELECTRICAL SAFETY TRAINING PROGRAM

This four slide-program series increases awareness of electrical hazards. A common sense approach for preventing electrical accidents. AUDIENCE: Mining Personnel. The slide programs are:

- S126 Surface Mines: Part I & II
- S128 Underground Mines: Part I & II
- S130 Preparation Plants: Part I & II
- S132 Surface Areas of Underground Mines: Part I & II

FIRST AID VIDEO - V270 & V268S

Designed to be used with the First Aid Course to conduct first aid training in the mining industry. Each subject listed below is available as an individual tape and the Spanish translation follows the English portion. One videotape covers the following eight subjects:

Patient Assessment	6 min.
Artificial Ventilation	12 min.
Control of Bleeding	9 min.
Shock	8 min.
Wounds and Dressing	11 min.
Burns and Scalds	5 min.
Musculoskeletal Injuries	8 min.
Handling and Transportation	10 min.

FOREMANSHIP TRAINING SERIES

This four-videotape series motivates coal mine supervisory personnel. Stresses safety in all facets of the mining process. AUDIENCE: Foremen and supervisors.

- V303 Investigation - A Tool for Accident Prevention
- V331 Sell Safety
- V332 Set the Pace
- V340 Teach Safety

FRONT-END LOADER TRAINING SYSTEM

Trainees start at a basic level and work systematically toward demonstrated proficiency in safe and effective front-end loader operation. The eight slide programs are:

- S117 Introduction to Surface Mining
- S118 System Orientation
- S119 Features and Controls
- S121 System Fluid Level Checks
- S122 Start-up, Shutdown and Ladder Safety
- S123 Basic Operating Techniques
- S124 Advanced Operating Techniques
- S125 Special Operating Conditions

HAZARD RECOGNITION...A SERIES

This nine slide-program series examine the occupational safety and health circumstances when working in particular situations. The programs are:

- S105 Eye Injuries and Eye Protection Equipment
- S134 Safety and Health Factors for Working with Formaldehyde
- S138 Safety and Health Factors for Working with Silica
- S112 Safety and Health Factors in Slips and Falls
- S136 Safety and Health Factors in Spray Application Operations
- S113 Safety and Health Factors with Temperature Stress
- S114 Safety and Health Requirements for Working in Confined Spaces
- S139 Safety and Health Requirements for Working with Acids
- S115 Trenching and Excavation Operations

SAFETY PAYS PROGRAM

This is a series of safety meeting video aids that are pertinent to a good safety program and can be shown to general audiences. These films focus on a factory/manufacturing type atmosphere. Includes Safety Meeting Guides. Titles in the program are:

- Tape 1 Hunt Down Hazards
- V176 Electrical Safety-Don't Put Your Life on the Line
- Fight Fire with Prevention
- Skin Protection: Hazards in the Workplace
- Tape 2 Lift It Right
- V177 Preventing Eye Injuries/How's Your Safety
- Eye-Q
- Don't Horse Around on the Job
- Use the Right Tool
- Tape 3 Medical Emergencies in the Workplace/Those First Crucial Minutes
- V178 Gear Up for Safety
- Keep Housekeeping Standards High
- Get a Grip on Hand Safety

VIDEOTAPES IN SPANISH

Listed below are the titles of the videotapes in Spanish available for loan. The description of these videotapes can be found in the AUDIOVISUAL LISTING. For more information call the TWCC Resource Center Librarian at (512) 440-3702.

Artificial Ventilation	Shock
Back Care	Shock Hazards—Power Tools
Back Injury Prevention/Lifting Safety	Signal, The
Basic Electrical Safety in the Workplace	Slag Injuries to the Eye
Basic Ergonomics	Slippin' and Trippin'
Battling Fatigue	Star Witness—Accident Reporting
Beating A Blowout	Stop the Bleeding
Big Stretch, The	Think Quicksand: Safety Around Bins, Hoppers and Stockpiles
Burns and Scalds	Unsafe Acts—Human Behavior
Care of Supplies, Chemicals and Equipment	Up in Smoke
Charging Up on Battery Safety	Watch Your Load
Chemical Burns	Welcome Interruption—GFCI, A
Control of Bleeding	Where are your Hands?
Conveyor Safety	Worker's Enemy Number One
CPR	Wounds and Dressing
Electrical Burns	
Employee Safety Orientation	
Employee Safety Orientation—Public Agencies/ Construction Industries	
Eye Injuries	
Eye Protection—A New Approach	
First Aid Video	
First Step to Danger, The	
Foot Closer to Safety, A	
Forklift Operator Safety	
Good Driving is an Attitude	
Good Safety is Good Business	
Handling and Transportation	
Handling Gas Cylinders	
Hard Hats, Hard Heads	
Hazard Communication for Janitors/Custodians	
Hazard Communications	
Hazcom—An Overview	
Heads Up for Safety—Overhead Dangers	
Hearing Conservation	
Hearing the Good Things in Life	
Heat Can Kill	
Heat Stress	
Heimlich Maneuver, The	
Housekeeping—General Work Space	
How to Prevent Slips and Falls	
Know Your ABC's—Fire Extinguisher	
Ladder Safety	
Landscape Maintenance Safety	
Mobile Equipment Safety	
Musculoskeletal Injuries	
OSHA's New Hazardous Energy Source (Lockout/ Tagout)	
Patient Assessment	
Personal Protective Equipment	
Personal Work Space	
Quarry Safety	
Respirators and How to Use Them	
Safety and the Supervisor	
Safety Orientation and Accident Prevention	
Self-help for Back Pain	

TWCC RESOURCE CENTER AUDIOVISUAL LISTING

FORMAT

Slide programs include the slides and different training aids as described:

S1	Slides, tape
S2	Slides, tape, instructor guide
S3	Slides, tape/script
S4	Slides, tape, instructor guide, script
S5	Slides, instructor guide
S6	Slides, instructor guide, transparencies
S7	Slides, script
S8	Slides, book
S9	Slides, instructor manual

All videotapes are ½" VHS color and in the following languages:

V	English
VES	English and Spanish
VS	Spanish

ACRONYMS

AIDS or A.I.D.S. - Acquired Immunodeficiency Syndrome
 CPR - Cardiopulmonary Resuscitation
 CTS - Carpal Tunnel Syndrome
 EAP - Employee Assistance Program
 EPA - Environmental Protection Agency
 EtO - Ethylene Oxide
 GFCI - Ground Fault Circuit Interrupter
 HAZWOPER - Hazardous Waste Operations Emergency Response
 HCS or HAZCOM - Hazard Communication Standard
 HIV - Human Immunodeficiency Virus
 JSA - Job Safety Analysis
 MNM - Metal and Non-Metal
 MSDS or M.S.D.S. - Material Safety Data Sheet
 MSHA - Mining Safety and Health Administration
 NIOSH - National Institute on Occupational Safety and Health
 OSHA - Occupational Safety and Health Administration
 OSHCON - Occupational Safety & Health Consultation Program
 PPE - Personal Protective Equipment
 TWCC - Texas Workers' Compensation Commission
 VDT - Video Display Terminal

A

A-OK: Finger Safety

No. V143 Format: V Time: 5 min.

Finger injuries, even minor ones, can impair our ability to work productively. Reminds us that, with proper gloves and a little safety awareness, finger injuries can be avoided.

Advanced Operating Techniques

No. S124 Format: S1 Slides: 95

Loading procedures are covered in depth, with an emphasis on planning, safety and efficiency. It is at this time that the trainee will perform the loading operations as a continuous process. Trainee is also introduced to other uses of the backfilling, berm-building, rock clearing, and stockpile loading. Front-end Loader Training System.

AIDS, HIV and Seroconversion: What You Should Know

No. V211 Format: V Time: 24 min.

Describes the origin of AIDS and its spread throughout the world. Shows the medical breakdown, definition, and means of transmission of HIV. AUDIENCE: Medical Personnel (Nurses-Lab Personnel, etc.).

AIDS Prevention for Laboratory Professionals

No. V209 Format: V Time: 32 min.

Reviews preventative measures to take against HIV-AIDS infection while working in a Health Care Establishment Laboratory. Covers autopsy. Very detailed. AUDIENCE: Health Care Workers, primarily lab personnel.

AIDS Prevention for Nursing Professional

No. V210 Format: V Time: 28 min.

Nurses are subject to blood borne diseases. Specifies precautions for nurses. AUDIENCE: Nurses and Health Care Workers.

AIDS Prevention for Support Service Employees

No. V212 Format: V Time: 29 min.

Explains how the AIDS virus is and is not transmitted. Discusses the transmission risk of the AIDS infection, and the policy of universal precautions. AUDIENCE: Support Service employees in health care facilities.

Air We Breathe in Industrial Environments, The

No. V264 Format: V Time: 16 min.

Discusses composition and importance of air in various working environments. Describes industrial breathing hazards encountered. Explains the need for evaluation of working conditions, for observance of safety precautions and for use of PPE and proper ventilation to protect workers from noxious gases and oxygen deficiency.

Alice Hamilton: Science, Service and Compassion

No. V318 Format: V Time: 12 min.

Summarizes the professional life of a woman widely credited as the mother of industrial medicine in America.

Artificial Ventilation

No. V430 Format: VES Time: 12 min.

Illustrates Artificial Ventilation as taught in the First Aid Course for the mining industry. First Aid Video Tape.

Asbestos Screening Process

No. V313 *Format: V* *Time: 18 min.*

Examines an inexpensive and simple method for identifying asbestos in bulk samples. Demonstrates the color test which reveals the presence of magnesium or iron often found in asbestos samples.

Asbestosis

No. V155 *Format: V* *Time: 5 min.*

Breathing asbestos fibers can lead to a life-threatening condition known as asbestosis. Looks at this disease and emphasizes the importance of wearing the proper PPE.

Avoiding Electrical Hazards in Mines

No. S133 *Format: S2* *Slides: 69*

Illustrates some of the more common electrical hazards that miners may encounter underground. It points out safe working practices and proper use of protective devices/equipment needed to avoid injury or prevent the hazards. AUDIENCE: Underground Mining Personnel.

B

Back at Home

No. V263 *Format: V* *Time: 5 min.*

Provides back injury prevention techniques for use at home. Includes strategies for yard work, sleeping, automobile use and other common activities.

Back Care

No. V333, V334S *Format: V, VS* *Time: 13 min.*

Most back care videos address lifting nice, clean boxes in a non-strenuous environment. In the real world, many injuries result from shoveling, operating breakers, lifting pipe and bags of concrete, etc. Offers ways to avoid back strain.

Back Injury Prevention/Lifting Safety

No. V341, V342S *Format: V, VS* *Time: 10 min.*

Provides an in-depth look at proper lifting techniques under difficult conditions, and hazards resulting from incorrect methods.

Ball Mill Safety

No. V265 *Format: V* *Time: 17 min.*

Outlines the various steps--precautions that must be taken to safely and efficiently shut down a ball mill, enter, inspect, service and restart the operations. AUDIENCE: Cement Manufacture.

Bar-B-Que Hal

No. V110 *Format: V* *Time: 5 min.*

A few safety tips to remember before beginning an outdoor Bar-B-Que. A humorous look at enjoying a back yard Bar-B-Que safely.

Barriers to the Prevention of Ground Fall Accidents

No. V269 *Format: V* *Time: 17 min.*

Examines miners' beliefs as to why ground fall accidents occur. AUDIENCE: Mining Personnel.

Basic Electrical Safety in the Workplace

No. V347, V349S *Format: V, VS* *Time: 11 min.*

Designed to make employees aware of basic electrical safety in the workplace. Includes plugs, cords, cables, disconnect switches, hand/power tool safety and other electrical safety requirements.

Basic Ergonomics

No. V136, V226S *Format: V, VS* *Time: 5 min.*

Ergonomics (the science of matching man to machine) can affect the working conditions of every employee. An introduction to this important concept.

Basic Operating Techniques

No. S123 *Format: S1* *Slides: 82*

Covers operating skills such as tramming, traveling on up- and downgrades, and basic loading maneuvers. Front-end Loader Training System.

Battling Fatigue

No. V142, V227S *Format: V, VS* *Time: 5 min.*

Fatigue on the job can mean trouble. Explains the various types of fatigue and suggests ways it can be overcome.

Be Prepared to Speak: The Step-by-Step Video Guide

No. V215 *Format: V* *Time: 27 min.*

A comprehensive course including how to write a speech, what to practice and how to get yourself mentally prepared. Helps you to conquer the fear of public speaking and to become a skillful, confident speaker. Prepared in cooperation with Toastmasters International.

Beating A Blowout

No. V108, V228S *Format: V, VS* *Time: 5 min.*

When a tire blows, proper action by the driver can prevent a more serious accident. Outlines the simple but important rules to follow when a blowout occurs.

Behavior Based Safety Management

No. V287 *Format: V* *Time: 21 min.*

Gene Earnest, safety engineer with the Proctor and Gamble Company, presents a paper on P&G's approach to safety management. It first appeared in the "Journal of the American Society of Safety Engineers," and is used here by permission. AUDIENCE: Safety professionals.

Big Stretch, The

No. V124, V229S *Format: V, VS* *Time: 5 min.*

Stretching can make you feel good and work better. Explains the importance of stretching and highlights its benefits.

Bonding and Grounding of Flammable Liquid Transfers

No. V335 *Format: V* *Time: 8 min.*

Explains static electricity, bonding and grounding of flammable liquids and reducing the effects of potential explosions by reducing static electricity when transferring flammables from one container to another.

Breathe and Live: Ventilation in MNM Mines

No. V272 *Format: V* *Time: 21 min.*

Focuses on why mine ventilation systems are an underground miner's personal lifeline. Emphasizes importance of good maintenance and frequent safety checks with instruments measuring quality and quantity of ventilating air. AUDIENCE: Mining Personnel.

Buckle Up On-the-job

No. V273 *Format: V* *Time: 8 min.*
Seat belts save lives! Uses interviews with miners who were involved in heavy equipment accidents and whose lives were saved by seat belts.

Burns and Scalds

No. V434 *Format: VES* *Time: 5 min.*
Illustrates first aid for burns and scalds as taught in the First Aid Course for the mining industry. First Aid Video Tape.

C

California's New Safety Law - SB198

No. V348 *Format: V* *Time: 17 min.*
Outlines new requirements and standards for safety program development and implementation under California SB198. Although the law only applies to California businesses, it should be reviewed by employers in other states, as it contains excellent information relating to safety program development, documentation and enforcement efforts.

Car Jacks

No. V146 *Format: V* *Time: 5 min.*
Changing a flat tire can be a real nuisance - and a real danger when safety is ignored. Overviews the proper procedures for using a car jack safely.

Care of Supplies, Chemicals and Equipment

No. V350, V351S *Format: V, VS* *Time: 13 min.*
Program designed to train janitors/custodians in proper care and treatment of expensive equipment and how to conserve supplies and chemicals. AUDIENCE: Janitorial/Custodial Staff.

Care of Your Back

No. V262 *Format: V* *Time: 15 min.*
General strategies to avoid back injuries. Topics include proper lifting techniques, nutrition, fitness and exercise. Discusses treatments for back pain.

Carpal Tunnel Syndrome

No. V175 *Format: V* *Time: 15 min.*
Gives good pictorial display of how repetitive motion causes physical problems with wrist. Looks at five problem positions that may cause repetitive motion incidents. AUDIENCE: film states, "this film should not be shown to general employee audiences. Good film for Loss Prevention and/or Production Supervision.

Carpal Tunnel Syndrome

No. V352 *Format: V* *Time: 14 min.*
This program explains what CTS is, how to prevent it and what employees can do to reduce its effect.

Case Study of an Assembly Line

No. V221 *Format: V* *Time: 20 min.*
Very technical. Work flow characteristics. Biomedical attributes. Describes medical problems that may arise from working on an assembly line. AUDIENCE: Prepared for 2nd year medical students and Professional Safety or Risk Management Personnel.

Chains and Safety

No. V133 *Format: V* *Time: 5 min.*
The dangers of chains are often ignored until someone gets hurt. Describes proper chain safety and maintenance and cites helpful hints for avoiding accidents.

Charging Up on Battery Safety

No. V120, V230S *Format: V, VS* *Time: 5 min.*
Automobile batteries present more dangers than you might think. Takes a look at battery hazards and reviews the proper safety procedures for their maintenance.

Chemical Burns

No. V121, V231S *Format: V, VS* *Time: 5 min.*
Victims of chemical burns require special first aid treatment. Covers the basics of treating chemical burns.

Chemical Control Room, The

No. V274 *Format: V* *Time: 20 min.*
Emphasizes safe chemical handling and what all on-site personnel should know about chemicals: from identification and proper storage, health hazards and protective working practices, to clean up procedures and emergency care. Part of the NIOSH curriculum for training power plant employees. AUDIENCE: Electrical Workers.

Chemical Identification Program (CHIP) HAZCOM

No. V225 *Format: V* *Time: 13 min.*
Describes the elements of a HCS. Describes MSDS's in detail. Explains labeling of hazardous materials. AUDIENCE: Hotel employees or general audience.

Chemical Safety

No. V293 *Format: V* *Time: 9 min.*
Basic chemical safety for those employees who use, handle, store and dispose of chemicals in the workplace. Meets general training requirements, targeted to those employees not in a heavy chemical environment, but who use small amounts of chemicals in their everyday work environment.

Chemical Safety: Proper Handling

No. V200 *Format: V* *Time: 20 min.*
Discloses rules of proper chemicals handling. Describes MSDS's, hazard awareness, and emergency procedures. AUDIENCE: Supervision and Plant Personnel.

Chemicals in the Home

No. V300 *Format: V* *Time: 10 min.*
An amateur video prepared by the City of Temple Safety Director to point out the dangers of common chemicals found in most homes. At the end of the film there are two obvious safety violations, can you find them? This is a good example of a safety video you can make for your company.

Choice is Yours-Guide to Personal Protective Equipment, The

No. V275 *Format: V* *Time: 12 min.*
Instructs employees in their choice of PPE including head, eye, ear, hand, and respiratory protection.

Cocaine: The Ticking Clock

No. V158 *Format: V* *Time: 5 min.*
Each year, drug abuse costs American business more than \$100 billion. Encourages workers to adopt a policy of zero-tolerance to cocaine in the workplace.

Comfort Ventilation Systems

No. V328 Format: V Time: 13 min.

Introduces several air velocity measuring instruments. Uses a swinging vane anemometer to measure air velocity at several grille surfaces. Calculates volumetric flow rate using average velocity and the effective free area of the grille surface. AUDIENCE: Industrial hygienist, safety professionals, and others using the equipment.

Confined Space Entry

No. V294 Format: V Time: 14 min.

Covers cleaning and preparation of the space and an escape route, the importance of training, monitoring the atmosphere in the space, the use of proper PPE, communications devices, and preparation for emergencies. AUDIENCE: Line supervisors and employees who may encounter work tasks in confined spaces.

Confined Space Entry Updated 1991

No. V353 Format: V Time: 12 min.

Updated program on confined space entry, permit and non-permit entry, safety procedures, requirements and employee responsibility for following proper safety rules and requirements.

Confined Space Safety (Part 1): Confined Space Entry

No. V197 Format: V Time: 26 min.

Defines a confined space. Talks about confined space entry permits. Explains the hazards within a confined space.

Confined Space Safety (Part 2): Confined Space Testing

No. V198 Format: V Time: 25 min.

Detecting atmospheric hazards in confined spaces. Details standard testing procedures for confined spaces. AUDIENCE: Personnel who are or will be heavily involved in testing practices.

Confined Space Safety (Part 3): Working Inside Confined Spaces

No. V199 Format: V Time: 20 min.

Discusses hazards associated with confined spaces and how to eliminate some of them. Describes who and what not to take into a confined space and the proper safety equipment for use there. AUDIENCE: Personnel who use confined spaces frequently.

Control of Bleeding

No. V431 Format: VES Time: 9 min.

Illustrates first aid for controlling bleeding as taught in the First Aid Course for the mining industry. First Aid Video Tape.

Conveyor Belts - Be Careful

No. V277 Format: V Time: 15 min.

Depicts five of the most common accidents that can occur around belt conveyors in the mineral industry. Outlines recommendations for prevention. Describes safe working procedures for all workers. AUDIENCE: Mining Personnel.

Conveyor Safety

No. V278, V266S Format: V, VS Time: 8 min.

Introduces basic hazards found around conveyor belts. Stresses accident prevention. AUDIENCE: Mining Personnel.

CPR

No. V109, V232S Format: V, VS Time: 5 min.

Illustrates the life-saving abilities of CPR. While it does not attempt to teach CPR, it does encourage employees to seek certification training.

Cranes, Chains, Slings and Hoists Safety

No. V354 Format: V Time: 12 min.

Designed for anyone operating jib hoists or cranes, explains sling angles, safety techniques, inspection procedures, and much more. Anyone operating this equipment **must** be trained, and this program meets OSHA training requirements.

Cranes for Construction

No. S104 Format: S1 Slides: 80 Time: 12 min.

Designed to familiarize crane operators with various potential hazards involved in the operation of construction cranes. This includes the inspection and maintenance programs, types of terrain, swing radius, properly set outriggers, and other crane operations with safe work practices recommended. AUDIENCE: Crane Operators.

Criteria for Safety Excellence: Part 1

No. V279 Format: V Time: 22 min.

Identifies the six prerequisites to creating safety excellence in the organization. In addition, Dr. Petersen reviews the three most common accountability systems used in successful companies today. Dan Petersen Safety Management Series.

Cylinder and Gas Apparatus Safety

No. V186 Format: V Time: 38 min.

Proper acetylene storage and usage. Liquid fuels storage and usage. Review of Federal regulation on gas cylinders. AUDIENCE: Welders-Maintenance Personnel.

D

Danger: Hazardous Duty

No. V144 Format: V Time: 5 min.

Loading docks and warehouses are among the most dangerous areas in any workplace. Hapless Hal humorously learns a few important lessons about safety while working in these areas.

Day in the Life of a Consultant

No. V191 Format: V Time: 36 min.

To train or not to train. Training aspects of Safety Consulting. Very generic-motivational type. AUDIENCE: Safety Consultants who may be reluctant to train others.

Do I Have a Problem? Employees' Guide to Substance Free Living

No. V285 Format: V Time: 15 min.

Shows the effects of drug abuse on the job and describes the operation of an EAP to help employees.

Documentation of Safety Efforts

No. V355 Format: V Time: 10 min.

Teaches supervisors (and employees) the importance of providing written documentation for all training and safety efforts. Outlines the standards and how to meet the requirements for documentation.

Don't Horse Around On The Job

No. V177 Format: V Time: 9 min.
Shows how horseplay while at work can cause accidents.
Safety Pays Tape 2.

Dreams into Nightmares

No. V106 Format: V Time: 5 min.
A single accident could spoil our dreams and goals we work toward. A harsh look at the effects an accident can have on your company and its employees.

Dual Protection

No. V296 Format: V Time: 14 min.
Highlights the technology available to control safety and health hazards in spray painting operations.

E

Electrical Burns

No. V104, V233S Format: V, VS Time: 5 min.
Electrical burns can result from unsafe equipment or carelessness. Takes a graphic look at safety procedures and first aid for electrical burns.

Electrical Lock-out Procedures

No. V286 Format: V Time: 11 min.
Accidental starting of equipment or the energizing of electrical power circuits has caused many injuries and fatalities in the mining and milling industry. Re-creates some of these accidents and points out potential hazards of specific jobs. AUDIENCE: Mining and Milling Personnel.

Electrical Lockout/Tagout

No. V202 Format: V Time: 27 min.
Deactivating electrical circuits. Principles of safe lockout. Does not refer to current OSHA regulations or training requirements. AUDIENCE: Maintenance Workers, Electricians, and Maintenance Supervision.

Electrical Safety

No. V203 Format: V Time: 29 min.
Safety around low voltages (below 600v). Avoiding injury from electricity. Electrical lockout basics. GFCI's and their use. AUDIENCE: Basic Maintenance Electrical Safety training.

Electrical Safety - Don't Put Your Life on the Line

No. V176 Format: V Time: 8 min.
Shows examples of electrical safety hazards. Emphasizes the importance of ground fault protection and proper PPE for working with electricity. Safety Pays Tape 1. AUDIENCE: General Factory/Warehouse personnel.

Electrical Safety I: Electrical Principles

No. V194 Format: V Time: 16 min.
Describes basic facts about electrical circuits. Covers OHMs, insulators and conductors. Points out safety precautions when handling electricity. AUDIENCE: Basic Electrical Trainees.

Electrical Safety II: Avoiding Electrical Hazards

No. V195 Format: V Time: 16 min.
Reviews safety color coding, basic electrical safety procedures, and proper PPE. AUDIENCE: Basic Maintenance Electrician Trainees.

Electrical Safety III: Emergency Response

No. V196 Format: V Time: 15 min.
Reviews electrical shock and fire. Describes first aid treatment to administer in cases of electrical shock. Explains electrical fires, their causes and means of prevention and extinguishing. AUDIENCE: Basic Electrical and Maintenance Trainees.

Employee Safety Orientation

No. V358, V359S Format: V, VS Time: 12 min.
Required by OSHA for training all employees in the "General Hazards" to which they may be exposed. Includes basic requirements, electrical, mechanical, back injury prevention, fire protection, PPE, and more.

Employee Safety Orientation - Public Agencies/ Construction Industries

No. V356, V357S Format: V, VS Time: 12 min.
Good program for getting those new hires started right. Meets OSHA requirements for training in general and specific issues such as PPE, guarding, accident reporting, and much more.

Employee Training Program Under OSHA's Hazard Communication Rule, An

No. V181 Format: V Time: 41 min.
Very detailed. Defines OSHA's Hazard Communication Law. Details what the law requires and discusses chemical and physical hazards (hazard types). Explains an MSDS. AUDIENCE: Loss prevention location supervisor who must develop a Hazard Communication Program.

EtO (Ethylene Oxide)

No. V316 Format: V Time: 20 min.
Covers four sources of EtO exposure: the supply cylinders, the sterilizers, the load transfer, and the aerators. Covers recommended control measures. Includes emergency response procedures, respirator programs, personal exposure monitoring, and training. AUDIENCE: Engineers and managers in health care facilities where EtO is used for sterilization.

Evaluating Your Safety System: Part 2

No. V280 Format: V Time: 24 min.
Examines the importance of accurate and timely evaluations of safety systems. Your company may rely solely on accident records and statistical analysis for the measurement of safety performance, but Dr. Petersen introduces successful measurement techniques: 1) Audits; 2) Perception Surveys; 3) Safety Behavior Sampling. Dan Petersen Safety Management Series.

Eye Injuries

No. V147, V234S Format: V, VS Time: 5 min.
Injuries to the eye can happen in an instant. Graphically depicts injuries that can be suffered when proper eye protection is ignored.

Eye Injuries and Eye Protection Equipment

No. S105 Format: S3 Slides: 79 Time: 30 min.
Ensure the enforcement of smart eye-safety policies. Discussion includes the current OSHA standards regarding eye hazards at welding and cutting worksites, as well as measures to guard against eye injury. Hazard Recognition...A Series.

Eye Protection - A New Approach
No. V360, V361S Format: V, VS Time: 13 min.
Explains eye protection requirements.

F

Falls
No. V166 Format: V Time: 5 min.
Falls are one of the most common types of accidents, yet one of the easiest to prevent. Examines the causes of falls and lists a few ways they can be avoided.

Features and Controls
No. S119 Format: SI Slides: 56
Familiarizes the trainee with gauges, indicators, alarms, and operator controls. Front-end Loader Training System.

Fight Fire with Prevention
No. V176 Format: V Time: 8 min.
Identifies fire hazards: faulty wiring, overloaded circuits, smoking materials mishandling and poor housekeeping. Emphasizes basic fire prevention techniques. Safety Pays Tape 1. AUDIENCE: General Factory/Warehouse.

Fighting Back Pain
No. V330 Format: V Time: 5 min.
Uses Olympic weight lifters as examples of proper lifting techniques. Discusses: push, don't pull; posture to prevent back pain; using "Back Bowed In" posture; anatomy of the back; exercises.

Fighting the Strain - Ergonomics
No. V163 Format: V Time: 5 min.
Ergonomics can be used effectively to combat strain and fatigue. Explains how to use ergonomics to create a more pleasant and productive workplace.

Filter Mounting Procedure
No. V322 Format: V Time: 12 min.
Demonstrates the "new" NIOSH method for mounting sampling cassette filters on microscope slides step-by-step, cookbook fashion. Used primarily for asbestos sampling work. AUDIENCE: Laboratory personnel who would be using the equipment.

Finding Solutions
No. V207 Format: V Time: 19 min.
Very descriptive of problems caused by drugs. Visibility of drug solution programs. Education of your employees and employee workshops on drugs. General in nature.

Finest Tools: Principles of Ergonomics, The
No. V190 Format: V Time: 22 min.
Very technical. Shows stresses to hand and wrist. Explains CTS and Cumulative Trauma. Shows how to analyze a job for areas of potential injury. AUDIENCE: Primarily Loss Prevention Personnel or individuals being taught how to analyze a task for potential wrist injuries.

Fire Extinguishers
No. V289 Format: V Time: 35 min.
Discusses means of extinguishing a fire, classes of fires and some of the hazards to be considered when using a fire extinguisher. Also covers basic inspection techniques for

stored pressure and cartridge operated dry-chemical extinguishers.

Fire Protection/Electrical Safety
No. V362 Format: V Time: 9 min.
Supplements the OSHA requirements for emergency preparedness training and reinforces safety orientation training in fire protection and electrical safety.

First Aid Video
No. V270, V268S Format: V, VS Time: 69 min.
Designed to be used with the First Aid Course to conduct first aid training in the mining industry. One videotape covers the eight subjects below. Each subject below is also available on an individual tape with a Spanish translation at the end of the tape.

Patient Assessment	6 min.
Artificial Ventilation	12 min.
Control of Bleeding	9 min.
Shock	8 min.
Wounds and Dressing	11 min.
Burns and Scalds	5 min.
Musculoskeletal Injuries	8 min.
Handling and Transportation	10 min.

First Consideration
No. V290 Format: V Time: 28 min.
Discusses health hazard control in pesticide formulation. "Control technology" theory is introduced with examples of the best ways to protect worker's health while keeping production efficient and smooth. AUDIENCE: Chemical Company Employees.

First Line of Defense - Fire Extinguishers, The
No. V107 Format: V Time: 5 min.
Fire is a potential hazard in almost any workplace. Examines the basic types of fire extinguishers and reviews their proper use and maintenance.

First Step to Danger, The
No. V123, V235S Format: V, VS Time: 5 min.
A nasty fall can hurt more than just your pride. Examines the reasons falls occur, and offers suggestions to prevent them.

Flammable Liquids Safety
No. V363 Format: V Time: 9 min.
Designed as a training program for employees working with flammable liquids. Explains LEL, UEL, flashpoints and other pertinent information needed by all employees working with flammable liquids.

Foot Closer to Safety, A
No. V117, V236S Format: V, VS Time: 5 min.
A worker's feet are two of his most important tools. Illustrates the necessity of proper foot protection and highlights the basic types of safety shoes.

Forklift Operator Safety
No. V364, V365S Format: V, VS Time: 18 min.
A comprehensive program for anyone operating forklifts in the manufacturing environment. Teaches students engineering principles, operator safety rules and operative maintenance. Excellent program for operator trainee.

Forklift Safety

No. V153 Format: V Time: 5 min.

One of industry's most useful and potentially one of the most dangerous tools is the forklift. Provides a checklist to ensure forklift safety.

Fundamentals of Noise Measurements

No. S129 Format: S5 Slides: 31

Instruction for all mining personnel in the requirements and methods set forth in the Federal Coal Mine Health and Safety Act of 1969 regarding to periodic noise surveys and methods used to combat undesirable environmental noise conditions.

G

Gear Up for Safety

No. V178 Format: V Time: 4 min.

Describes dressing for safety. Safety Pays Tape 3.

General Office Safety

No. V366 Format: V Time: 9 min.

Designed for anyone working in office environments. Explains the most common hazards and resulting injuries in an office. Discusses chairs, ladders, office equipment, video display terminals, safe lifting, fire prevention and more.

Get a Grip on Hand Safety

No. V178 Format: V Time: 7 min.

Safety guards (machine). Remove jewelry when working around machinery. Wear gloves where needed and appropriate. Safety Pays Tape 3.

Getting Help: Employee Version

No. V205 Format: V Time: 23 min.

Covers E.A.P.'s. Examples from recovering addicts. Speaks of Executive and Management commitment. Also speaks of the necessity of joint management and labor efforts. AUDIENCE: General, but geared to employers who are contemplating establishing an E.A.P.

Getting Help: Employer Version

No. V206 Format: V Time: 23 min.

Covers E.A.P.'s. Thoroughly describes how E.A.P. function and the benefits gained from them. AUDIENCE: Group planning to set-up an E.A.P.

Good Driving is an Attitude

No. V118, V237S Format: V, VS Time: 5 min.

Driving safely is a conscious effort. Reminds us that good driving begins with a good attitude.

Good Safety is Good Business

No. V138, V238S Format: V, VS Time: 5 min.

Good safety practices can be instrumental to a company's success. Illustrates the importance of safety to your bottom line.

Ground Fault Circuit Interrupters

No. V367 Format: V Time: 12 min.

Reviews what GFCI's are all about, how they work and general safety procedures for protecting against electrical shock.

H

Hand and Wrist Injuries

No. V368 Format: V Time: 10 min.

Trains employees in preventing hand and wrist injuries. Explains how injuries occur, the anatomy of the wrist and hand, and general prevention techniques to reduce injuries.

Hand Safety

No. V421 Format: V Time: 10 min.

Dramatic interviews with people who have suffered hand injuries combined with realistic wrong-way/right-way scenarios deliver a powerful message.

Handling and Transportation

No. V436 Format: VES Time: 10 min.

Illustrates handling and transportation of an injured person as taught in the First Aid Course for the mining industry. First Aid Video Tape.

Handling Gas Cylinders

No. V119, V239S Format: V, VS Time: 5 min.

Although potentially dangerous, many workers often ignore safety around gas cylinders. Outlines the dangers of these "gas torpedoes."

Handling the Heat

No. V105 Format: V Time: 5 min.

Heat stress is a common health and safety problem in many work places. Explains how to recognize heat stress and offers some remedies.

Hard Hats, Hard Heads

No. V151, V240S Format: V, VS Time: 5 min.

Hard hats can prevent many disabling injuries. Emphasizes the importance of wearing hard hats and reviews proper first aid treatment for head injuries.

Have a Chair

No. V161 Format: V Time: 5 min.

Your office chair can be responsible for aches and pains of all sorts. Explains how to reduce back strain through proper chair use.

Hazard Communication

No. V420 Format: V Time: 16 min.

Gives suggestions on formulating a hazard communication program.

Hazard Communication for Janitors/Custodians

No. V369, V419S Format: V, VS Time: 10 min.

Designed to meet OSHA requirements. Explains MSDS, labeling requirements, chemical safety and accident prevention for janitors and custodians using hazardous materials, and chemicals.

Hazard Communication Standard

No. V204 Format: V Time: 24 min.

Activities under the standard: hazard determination, MSDS's, labels, written Hazard Communication Program, employee information and training, and trade secrets. AUDIENCE: Personnel who need to formulate a Hazardous Communication program.

Hazard Communication: The System That Works

No. V299 Format: V Time: 15 min.

Discusses responsibility of manufacturer or distributor, contractor and employee. Discusses types of hazards and their management, chemical labeling and MSDS's.

Hazard Communications

No. V370, V371S Format: V, VS Time: 10 min.

Meets OSHA requirements for training all employees in chemicals/hazardous materials used in the workplace. Explains MSDS's, labeling, and basic safety when using these materials.

Hazard Communications For Office Personnel

No. V372 Format: V Time: 9 min.

Meets OSHA requirements but is oriented to the office environment and the chemicals most closely associated with offices.

Hazard Communications - Your Right to Know

No. V298 Format: V Time: 10 min.

Reviews different types of chemical hazards and discusses information on MSDS's, chemical warning signs and chemical labels.

Hazardous Materials and Flammables Safety

No. V376 Format: V Time: 16 min.

Explains what hazardous materials and flammables are, fire triangle, UEL, LEL, flashpoints and other information necessary to work safely. AUDIENCE: Employees working with hazardous materials and flammables.

Hazardous Materials - Leaks, Drips, and Spills Cleanup

No. V338 Format: V Time: 14 min.

Excellent program for anyone using oil, solvents and other hazardous materials. Explains clean up procedures, emergency action, hazardous waste and information to control the effects of spills and cleanup operations.

Hazards Due to Stockpile Instability

No. S141 Format: S3 Slides: 89

Examines the construction and maintenance of various stockpiles and waste dumps found at mining operations. Reviews factors affecting their stability. AUDIENCE: Surface Mining personnel; especially operators of dump trucks, bulldozers and front-end loaders.

Hazards of Gas Welding

No. V295 Format: V Time: 16 min.

This program was produced by San Diego Community College for use in the NIOSH vocational education safety course.

HAZCOM - An Overview

No. V156, V241S Format: V, VS Time: 5 min.

All workers should be familiar with hazardous chemicals in the workplace. Overviews requirements, proper labeling and Material Safety Data Sheets.

HAZWOPER Contingency Planning

No. V373 Format: V Time: 9 min.

Designed for companies developing contingency planning for spills and emergency response.

HAZWOPER Identification and Recognition of Hazardous Materials

No. V374 Format: V Time: 13 min.

Complements required training for emergency responders.

HAZWOPER Laws and Regulations

No. V375 Format: V Time: 11 min.

Explains various laws and regulations pertaining to HAZWOPER.

HAZWOPER Orientation

No. V377 Format: V Time: 14 min.

Introduction to HAZWOPER, what it's all about and how companies may comply with the training requirements applying to organizations handling and using hazardous materials.

HAZWOPER Toxicology

No. V378 Format: V Time: 9 min.

Another complementary program to explain the toxicology of hazardous materials.

Heads Up for Safety - Overhead Dangers

No. V160, V242S Format: V, VS Time: 5 min.

Potential dangers often loom above. Demonstrates the importance of keeping an eye out for hazards everywhere.

Health Factors in Welding Operations

No. V379 Format: V Time: 28 min.

Explains a variety of precautions, possible health problems involved in welding operations, and tips on how to improve the employee's health. AUDIENCE: Welders.

Hearing Conservation

No. V380, V381S Format: V, VS Time: 12 min.

Teaches employees the fundamentals of hearing, hearing loss and conservation. Explains graphically how the ear works, what causes hearing loss and how to prevent such hearing damage.

Hearing Safety

No. V201 Format: V Time: 18 min.

Defines the principles of sound. Discusses decibels and defines their measurement. Demonstrates proper hearing protection.

Hearing the Good Things in Life

No. V101, V243S Format: V, VS Time: 5 min.

Although preventable, many industrial workers suffer long-term hearing loss. Humorously points out that wearing proper hearing protection is "sound" advice.

Heat Can Kill

No. V159, V244S Format: V, VS Time: 5 min.

Heat stroke and heat exhaustion can occur in any hot work environment. Describes the symptoms of both conditions and outlines proper first aid for each.

Heat Stress

No. V382, V383S Format: V, VS Time: 10 min.

More and more illnesses are surfacing from employees working in abnormally high temperature jobs such as in a hot warehouse or warm assembly environment. Explains heat stroke, heat stress, fainting, and how to prevent illness related to a hot environment.

Heimlich Maneuver, The

No. V102, V245S Format: V, VS Time: 5 min.
Properly performed, the Heimlich Maneuver can save the life of a choking victim. Outlines the proper way to administer the Heimlich Maneuver.

High Participation Safety...A Case Study: Part 5

No. V284 Format: V Time: 26 min.
"Safety programs need to change...workers must be integral to these changes." Dr. Petersen describes the importance of moving toward a participative management style to reduce accidents. Dan Petersen Safety Management Series.

Highlights of OSHA Hazard Communication Standard

No. S107 Format: S7 Slides: 22
A lecture slide set that you can use as the introduction to your hazard communication training sessions. The color slides help illustrate the script for an introductory lecture and will guide you in explaining OSHA's HCS to your group.

Housekeeping - General Work Space

No. V103, V246S Format: V, VS Time: 5 min.
Clutter in the workplace can often get in the way of safety. Stresses the importance of an orderly work area for keeping hazards at a minimum.

How to Control Back Pain

No. V384 Format: V Time: 9 min.
Great program for employees who experience back pain from time to time. Not designed to replace medical care or diagnoses, but for everyday back problems that most people suffer, usually not work related. Can be used as preventive measure in conjunction with your safe lifting and health back care programs.

How to Develop an Effective Safety Program

No. V385 Format: V Time: 35 min.
Explains how supervisors are the key to any program and how to provide safety leadership in a manufacturing environment. Complete step-by-step program for successfully developing and implementing an effective safety program. AUDIENCE: Supervisors and mid-management personnel.

How to Prevent Slips and Falls

No. V386, V387S Format: V, VS Time: 14 min.
Excellent program for making employees aware of slip and fall dangers and how to prevent these often serious injuries.

Hunt Down Hazards

No. V176 Format: V Time: 11 min.
Spotting Safety Hazards. Shows incidents depicting hazards. Emphasizes hazard awareness and its importance. Safety Pays Tape 1.

I

I am Joe's Foot

No. V189 Format: V Time: 20 min.
Physical description of the human foot. How to protect the foot by use of proper PPE. Describes calluses, corns and warts. Discusses frostbite and basic first aid.

I am Joe's Hand

No. V188 Format: V Time: 20 min.
Complete description of a human hand. How to protect the hand by the use of proper PPE. Discusses frostbite, CTS, and basic first aid.

In Search of the Facts: Accident Investigations in MNM Mining Operations

No. V301 Format: V Time: 26 min.
All accidents should be investigated systematically and thoroughly. Factors that cause injuries or fatalities are not always the same factors which cause the accident itself. Only through proper investigative techniques and procedures will the factors that actually caused the accident be determined. AUDIENCE: Mining Personnel.

Industrial Loss Control Behavior Management

No. V288 Format: V Time: 25 min.
Illustrates behavioral solutions to industrial safety problems presenting principles of behavior management and an example of their successful application in an industrial setting.

Innovations in Belt Sander Ventilation

No. V308 Format: V Time: 8 min.
A look at local exhaust ventilation systems. Two systems are demonstrated and the dramatic dust reductions results of 75% and more are shown. AUDIENCE: Industrial hygienists, engineers, and other health professionals.

Instructor Training Guide

No. S109 Format: S8 Slides: 31
Designed to provide the fundamentals of instruction for potential instructors. May also be used as a refresher course for experienced instructors. AUDIENCE: Trainers and instructors.

Introduction to Industrial Hygiene for Safety Officers

No. S108 Format: S6 Slides: 398
The general concepts of industrial hygiene are introduced in this 15-lesson course. Each lesson includes the instructor's lecture (often supported by slides and/or overhead transparencies) and suggested reference materials and their sources. AUDIENCE: Safety Officers.

Introduction to Job Safety Analysis, An

No. S120 Format: S2 Slides: 76
Job Safety Analysis gives a systematic means for converting experience and knowledge of those who perform the work into safe job procedures.

Introduction to Surface Mining

No. S117 Format: S1 Slides: 27
Introduction to the surface mining industry and surface mining machines with emphasis on the role of front-end loader. Front-end Loader Training System.

Investigation - A Tool for Accident Prevention

No. V303 Format: V Time: 7 min.
Stresses value of having supervisors investigate accidents in the mining industry in order to teach them how to recognize, diagnose and prevent various kinds of accidents. Foremanship Training Series.

Invisible Killer - Carbon Monoxide, The

No. V125 *Format: V* *Time: 5 min.*

Carbon monoxide in the workplace is an invisible killer striking without warning. Explains how to recognize its symptoms and describes first aid procedures.

It All Adds Up: Module I

No. V304 *Format: V* *Time: 16 min.*

Helps employees to understand what cumulative trauma disorders are, their causes and prevention. Discusses the elements of good job design, proper body mechanics and the importance of physical fitness. Cumulative Trauma: Reducing The Risk.

It's a New Day

No. V297 *Format: V* *Time: 19 min.*

Depicts a philosophy of managing occupational safety and health. Interviews with management and employees of the Drackett Company cover job safety analysis, incentive awards, emergency response team training, light duty and communications.

It's Your Neck

No. V261 *Format: V* *Time: 17 min.*

Explanation of anatomy, postural habits, daily activities and exercise activities to keep your neck healthy.

J

Job Safety Analysis Process: A Practical Approach

No. V307 *Format: V* *Time: 15 min.*

Discusses the JSA process. Teaches the viewer how to determine which jobs to select for JSA, to separate jobs into basic steps for JSA, to identify the hazards associated with each job step, and to use methods to control each hazard.

Judge, Jury and Executioner

No. V169 *Format: V* *Time: 5 min.*

Ignoring the potential for having an accident can be a deadly mistake. Illustrates the importance of keeping safety in mind at all times.

Just a Little Nip

No. V131 *Format: V* *Time: 5 min.*

Nearly half of all industrial accidents involve substance abuse. Reminds us to be aware and take responsibility for alcohol abuse in the workplace.

K

Keep Housekeeping Standards High

No. V178 *Format: V* *Time: 6 min.*

Shows importance of maintaining a clean workplace. Good housekeeping and safety go hand in hand. Safety Pays Tape 3.

Know your ABC'S - Fire Extinguishers

No. V116, V247S *Format: V, VS* *Time: 5 min.*

An industrial or construction site can house dangerous fire hazards. Outlines the different types of fire extinguishers and their appropriate use.

L

Ladder Safety

No. V115, V248S *Format: V, VS* *Time: 5 min.*

Incorrectly used, a ladder can be one of the most dangerous tools in the workplace. Offers a few guidelines for safe ladder use.

Landscape Maintenance Safety

No. V388, V389S *Format: V, VS* *Time: 16 min.*

Many agencies maintain parks, grounds, and median strips. Addresses safety and maintenance procedures for mowers, string trimmers, and other tools and equipment commonly used in landscape maintenance.

Lift for Safety, A

No. V149 *Format: V* *Time: 5 min.*

Although important to many job sites, personnel lift baskets can be extremely dangerous. Overviews the proper procedures for a safe lift.

Lift It Right

No. V177 *Format: V* *Time: 12 min.*

Describes poor lifting habits and demonstrates proper lifting. Gives excellent pictorial representation of lifting. Safety Pays Film 2.

Lifting and Analysis: Principles of Ergonomics

No. V184 *Format: V* *Time: 21 min.*

Very technical. Hazardous manual lifting practices. Describes physical job stress analysis. Show mathematical computation of an absolute load. AUDIENCE: Loss Prevention Professionals.

Lifting Patients From Beds

No. V390 *Format: V* *Time: 13 min.*

Designed for anyone required to lift patients from beds and the prone position. Explains proper body mechanics, procedures and tips to help prevent back injuries.

Lifting Patients From Chairs

No. V391 *Format: V* *Time: 8 min.*

Designed for anyone required to lift patients from chairs or the sitting position. Explains proper body mechanics, procedures and tips to help prevent back injuries.

M

Machine Guarding

No. V392 *Format: V* *Time: 12 min.*

Explains machine guarding. Covers lockouts, tagouts, interlocks, photo cells, two-hand trip devices and more. Emphasizes that machine guarding is not foolproof and requires employee responsibility with machinery and moving parts.

Maintenance Person Safety

No. V393 *Format: V* *Time: 16min.*

Designed specifically for maintenance persons, and meets the important OSHA training requirements. Maintenance people are normally the most experienced in their trade but, their daily responsibilities include many hazards which can become extremely serious.

Makin' Hole

No. V309 Format: V Time: 31 min.

Without a well, virtually no oil or gas could find its way to refineries and plants to give us the petroleum products necessary to modern life. Join a typical drilling rig and crew as they make one of these essential holes in the earth. AUDIENCE: Petroleum Drilling Employees.

Managing Cumulative Trauma: Module 3

No. V310 Format: V Time: 15 min.

Focuses the supervisor's attention upon important cost control strategies for managing injury situations. Effective workers' compensation case management methods, return-to-work rehabilitation, exercise programs and improved employee communications are discussed. Cumulative Trauma: Reducing the Risk Series.

Medical Emergencies in the Workplace/Those First Crucial Minutes

No. V178 Format: V Time: 21 min.

Reviews first things to do in a medical emergency. Describes Heimlich Method, CPR, direct pressure and elevation to stop bleeding. Discusses ABC's of basic first aid. Safety Pays Tape 3.

Meeting the Challenge: Module 2

No. V311 Format: V Time: 14 min.

Supervisors learn the strategies to prevent cumulative trauma. The elements of good ergonomic design, proper body mechanics, and administrative procedures are highlighted. Cumulative Trauma: Reducing the Risk.

Minimizing Back Strain on the Job

No. V182 Format: V Time: 25 min.

Shows how to lift properly, how the back operates. Explains the importance of good posture.

Mobile Crane Inspections

No. S110 Format: S1 Slides: 65 Time: 12 min.

Designed to familiarize crane operators with various potential hazards involved in vertical lifting of heavy loads and the ability to move the load and place it in another location using recommended safe work practices to prevent injuries and accidents during these operations.

Mobile Equipment Safety

No. V312, V267S Format: V, VS Time: 19 min.

Explains potential hazards associated with different types of mobile equipment. Stresses need for hazard recognition and safe job procedures to avoid injury. AUDIENCE: Mining personnel.

Murder on Your Hands

No. V135 Format: V Time: 5 min.

Hand injuries account for nearly one-third of all workplace accidents. Parodies a 1940's era detective movie to emphasize the need for proper hand protection.

Musculoskeletal Injuries

No. V435 Format: VES Time: 8 min.

Illustrates first aid for musculoskeletal injuries as taught in the First Aid Course for the mining industry. First Aid Video Tape.

N

New Hazard Communications - Updated 1990

No. V394 Format: V Time: 13 min.

Improved hazard communications program. Program adds chemical spills and reinforces the information required for training employees in MSDS and basic hazard communications.

No More Mr. Mean Screen

No. V139 Format: V Time: 5 min.

By following a few simple steps, working with computers can be safe and more relaxing. Discusses the ergonomics of working with computers.

O

Occupational Exposure to Bloodborne Pathogens

No. S142 Format: S7 Slides: 117

Highlights each paragraph of the OSHA standard and includes actual photos of many worksites and job situations covered by the rule.

Office Safety

No. V291 Format: V Time: 19 min.

A light-hearted, humorous way of increasing safety awareness for all employees. Learn to recognize safety hazards in the office environment and find out how to prevent accidents.

On Any Given Day

No. V157 Format: V Time: 5 min.

Accidents can happen at any time, often without warning. Presents a few eye-opening statistics and illustrates the benefits of regular safety meetings.

On Solid Ground: A Plan for Safe Excavation and Trenching

No. V314 Format: V Time: 18 min.

OSHA's excavation standard covers optional methods of sloping, shoring, shielding, and trenching. AUDIENCE: Construction personnel.

Once Too Many

No. V140 Format: V Time: 5 min.

When entering a confined space, a few basic safety procedures will ensure a healthy exit. Outlines the rules for entering a confined space.

OSHA at Work

No. V180 Format: V Time: 22 min.

Describes how OSHA functions and gives a history. Describes the standards and enforcement portions of OSHA. AUDIENCE: People unfamiliar with OSHA.

OSHA Recordkeeping

No. V329 Format: V Time: 12 min.

Complies with OSHA 29 CFR Part 1904 and teaches correct procedures. Inaccurate record-keeping was the leading cause of OSHA citations and fines in 1990-91. Will help eliminate costly inaccuracies and the resulting OSHA fines.

OSHA Recordkeeping/Insurance Paperwork

No. V417 Format: V Time: 12 min.

Designed for administrative persons responsible for safety and insurance related reports. Explains accident investigation, proper completion of records, procedure for hospital/clinic visits and follow-up paperwork. Useful for administrative personnel, supervisors, and those responsible for maintaining safety and training records.

OSHA's New Hazardous Energy Source

(Lockout/Tagout)

No. V395, V396S Format: V, VS Time: 10 min.

Meets the requirements for training employees in the new lockout/tagout procedures. AUDIENCE: "Affected and Authorized" employees.

OSHA's New Inspection Criteria for Hazard Communication

No. V397 Format: V Time: 15 min.

OSHA has issued compliance officers specific guidelines from which to determine the effectiveness of the written Hazard Communication Plan, training efforts, labeling and MSDS requirements. Explains the specifics of these guidelines to help to develop a more effective hazard communication program.

OXYCHEM Employee Safety Congress

No. V424 Format: V Time: min.

Discusses the safety commitment of Occidental Chemical Corporation's management.

P

Patient Assessment

No. V429 Format: VES Time: 6 min.

Illustrates patient assessment as taught in the First Aid Course for the mining industry. First Aid Video Tape.

Patient Handling, Part 1: Ambulatory Patients

No. V222 Format: V Time: 14 min.

Discusses proper and safe handling of ambulatory patients in health care facilities. Provided by New Mexico State Compensation Fund. AUDIENCE: Health Care Workers.

Patient Handling, Part 2: Non-ambulatory Patients

No. V223 Format: V Time: 16 min.

Discusses proper and safe handling of non-ambulatory patients in health care facilities. Provided by New Mexico State Compensation Fund. AUDIENCE: Health Care Workers.

Patient Handling, Part 3: Use of Gait Belt and Sliding Boards

No. V224 Format: V Time: 11 min.

Discusses proper and safe handling of health care patients by use of assists, such as the Gait belt and sliding boards. Provided by New Mexico State Compensation Fund. AUDIENCE: Health Care Workers.

Personal Protective Equipment

No. V398, V399S Format: V, VS Time: 9 min.

Designed to emphasize the importance of using personal protection when required. Explains hard hats, gloves, eye

protection, hearing protection and other aspects of protective equipment.

Personal Sampler Calibration

No. V319 Format: V Time: 12 min.

A demonstration of two methods for assigning flow rate values to the indication marks on the rotameter of a personal sampler. Reviews equipment and the pump components. Covers the burette and soap solution method and the use of wet test meter. AUDIENCE: Industrial hygienists and/or safety professionals who will use the equipment.

Personal Sampler Pumps

No. V325 Format: V Time: 17 min.

A demonstration of the calibration of low flow rate personal sampler pumps to determine the volume of each pump stroke. Shows several brands of pump and explains the use of bubble burette for measuring flow rate. AUDIENCE: Industrial hygienists and/or safety professionals who will use the equipment.

Personal Work Space

No. V150, V249S Format: V, VS Time: 5 min.

Although we tend to think of our offices as safe places, they often hold potential dangers. Outlines some effective ways to prevent accidents at the office.

Positive Safety Attitude Pays, A

No. V179 Format: V Time: 13 min.

Give examples of people with and without a positive Safety Attitude. Talks of maintaining safety awareness.

Preparation Plants - Part I & II

No. S130 Format: S1 Slides: Part I= 55, Part II= 68

Developed to increase awareness of electrical hazards. Focuses on a common sense approach for preventing electrical accidents. Electrical Safety Training Program. AUDIENCE: Mining Personnel.

Preventing Eye Injuries/How's Your Safety Eye-Q?

No. V177 Format: V Time: 10 min.

Stresses importance of Personal Protective Equipment. Shows basic first aid in helping where an eye injury has occurred. Safety Pays Tape 2.

Preventing Terminal Illness

No. V317 Format: V Time: 15 min.

Will help both workers and employers set up practical and effective programs to protect the health and safety of VDT operators. Profiles three workplaces where VDT operators and their employers worked together to create innovative programs focusing on workstation design improvements. AUDIENCE: Computer and VDT Personnel.

Protective Equipment

No. V130 Format: V Time: 5 min.

Personal protective gear - hard hats, goggles, gloves, and other equipment - does no good if it isn't worn. Emphasizes the importance of dressing for safety.

Protecting Workers: How OSHA Writes Standards

No. V425 Format: V Time: 12 min.

Covers the standard making process at OSHA with its different rule making phases.

Q

Quarry Safety

No. V276S Format: VS Time: 14 min.

Explains potential hazards that occur in and around quarries. Shows techniques for hazard recognition and accident prevention.

R

Radiofrequency Heater/Sealer Surveys

No. V305 Format: V Time: 16 min.

Presents a step-by-step overview of how to conduct a RF exposure survey in the field. Covers basic approaches to exposure control. AUDIENCE: Managers, supervisors, industrial hygienists, union representatives and others responsible for safe operation of RF sealers.

Reducing the Risks of PCB's

No. V320 Format: V Time: 12 min.

The history, use, and health effects of PCB's are explained here as they apply to EPA activities under the Toxic Substances Control Act. General provision of the PCB rules such as disposal requirements, registration of PCB transformers with fire departments, notification of building owners, annual inventory report, and other recordkeeping requirements are discussed. AUDIENCE: Electrical Workers.

Repetitive Strain Injuries

No. V145 Format: V Time: 5 min.

Repetitive strain injuries are an ever-increasing occupational hazard. Demonstrates a few ways to prevent these injuries.

Respirators and How to Use Them

No. V401, V402S Format: V, VS Time: 12 min.

Employees rarely understand the who, what, when, where, and why of respirator use. Explains important facts regarding the use of a respirator and will make employees feel more secure in wearing them.

Respiratory Protection Programs

No. V321 Format: V Time: 47 min.

Demonstrates the three basic classes of respiratory equipment: atmosphere supplying, air purifying, and the combination of atmosphere supplying/air purifying. Discusses the wearing and fitting of protection equipment to guard against exposure to airborne contaminants, and the standards relating to control of these contaminants.

Responses to Drug and Alcohol Problems in the Workplace

No. S140 Format: S2 Slides: 55

Encourages the development of programs aimed at preventing and resolving drug and alcohol problems in the workplace. Can serve as a guide for staff who are in the best position to identify potential and actual problems. AUDIENCE: Supervisors, foremen, social workers, personnel managers.

Right Tool, The

No. V141 Format: V Time: 5 min.

A tool that's the wrong size or is used the wrong way won't get the job done and can lead to injury. Illustrates how to select and use the right tool.

Right Word is Worth a Thousand Pictures, The

No. S127 Format: S2 Slides: 118

Instruction in clear, effective writing for safety professionals who must write reports, letters, memos, etc.

Rubber-Tired Front-End Loader and Forklift Truck Accident Prevention

No. S111 Format: S8 Slides: 132

Designed to show safe working procedures for front-end loaders and forklift trucks.

S

Safe Behavior Reinforcement: Part 4

No. V283 Format: V Time: 16 min.

Dr. Petersen describes how management can be sending conflicting messages to their employees - that there may be a difference between the behaviors that management desires and the behaviors management reinforces. Describes systems of reinforcement that can engage employees in safe behavior. Dan Petersen Safety Management Series.

Safe Driving on Freeways

No. V346 Format: V Time: 17 min.

Designed for anyone operating a motor vehicle on freeway or city driving. Explains many basic of the laws as a reminder or awareness of information drivers should know, but have tendency to forget.

Safety and Health Factors for Working with Formaldehyde

No. S134 Format: S4 Slides: 78 Time: 30 min.

Formaldehyde can cause illnesses ranging from dermatitis to respiratory ailments, many even lead to death. Learn to protect your workers and yourself from this hazardous substance. Hazard Recognition...A Series.

Safety and Health Factors for Working with Silica

No. S138 Format: S4 Slides: 79 Time: 30 min.

Learn about the most common types of silica and the health problems that can result from exposure to these substances. Hazard Recognition...A Series.

Safety and Health Factors for Working with Silica

No. V208 Format: V Time: 22 min.

Defines crystalline silica & amorphous silica. Silicates vs. Silicones. Covers exposure locations and proper PPE when working with Silica. AUDIENCE: Loss Prevention Professionals. Very technical.

Safety and Health Factors in Slips and Falls

No. S112 Format: S4 Slides: 80 Time: 30 min.

Slips and falls are major source of occupational injury. Shows some common causes and ways to prevent slips and falls. Hazard Recognition...A Series.

Safety and Health Factors in Spray Application Operations

No. S136 Format: S4 Slides: 79 Time: 30 min.

After completing this course, your employees will know the serious health and safety problems associated with spray application operations and will recognize working practices that need correcting. Hazard Recognition...A Series.

Safety and Health Factors with Temperature Stress

No. S113 Format: S4 Slides: 79 Time: 30 min.
Explores the hazards associated with working in environmental extremes - hazards faced by employees engaged in activities ranging from baking to construction to mill work, and mail delivery to meat packaging and cold storage. Hazard Recognition...A Series.

Safety and Health Requirements for Working in Confined Spaces

No. S114 Format: S4 Slides: 80 Time: 30 min.
Discussion includes such hazards as insufficient supply of oxygen; a flammable, explosive, or toxic atmosphere; electricity; heat; uncontrolled mechanical apparatus; small work area; excessive noise; and suffocation. Hazard Recognition...A Series.

Safety and Health Requirements for Working with Acids

No. S139 Format: S4 Slides: 66 Time: 30 min.
The hazards of acids, and methods of prevention and control are covered. Hazard Recognition...A Series.

Safety and the Supervisor

No. V403S Format: VS Time: 11 min.
Everything supervisors wanted to know about safety and how their responsibilities include safety. Excellent program to motivate supervisors in their safety responsibilities.

Safety and the Supervisor

No. V404 Format: V Time: 23 min.
The company safety manager isn't responsible for safety, the supervisor is. Explains what a safety program is, how the supervisor's actions and enforcement of the rules are the key factors in an effective program, and some of the legal responsibilities of the supervisor.

Safety Committees - The Real Story

No. V405 Format: V Time: 12 min.
Explains how to make Safety Committees effective, without wasting time or effort.

Safety is Your Responsibility

No. V165 Format: V Time: 5 min.
Safety begins with the right attitude. Illustrates the importance of keeping safety in mind while on the job and keeping personal matters at home.

Safety - It's Your Responsibility

No. V326 Format: V Time: 19 min.
It is the supervisor's responsibility to set a good safety example for employees, for accidents can happen in a split second when exceptions to safety rules are made. AUDIENCE: Supervisory Personnel.

Safety Observations

No. S131 Format: S5 Slides: 25
Will help mine management to understand that efficient safety observations are a strong preventive instrument which can be integrated into the overall loss prevention effort for mining operations. Target audience: Mining Personnel.

Safety on the Move: Truck Haulage Safety

No. V327 Format: V Time: 16 min.
The truck operator often encounters difficult and dangerous driving situations. Re-enactments of frequently occurring accidents, with emphasis placed on corrective and preventive action. AUDIENCE: Truck Drivers.

Safety Orientation and Accident Prevention

No. V406, V407S Format: V, VS Time: 12 min.
Meets OSHA training requirements for training employees in the general hazards to which they are exposed. Basic safety knowledge and information suitable for training both new and experienced employees. AUDIENCE: Custodial/Janitorial Staff.

Safety Orientation in Office Environments

No. V408 Format: V Time: 10 min.
Meets OSHA requirements for training employees in the general hazards to which they are exposed. Useful for experienced or newly hired employees.

Safety Programs

No. V148 Format: V Time: 5 min.
Employers spend millions of dollars a year on safety programs. Reminds us that both employers and employees share an equal responsibility for making sure those safety programs work.

Safety Tips for New Safety Supervisors

No. V409 Format: V Time: 11 min.
Developed for the non-professional person assigned the job of coordinating a safety program. Explains fundamentals and some special tips necessary to develop a safety program.

Safety: The Bottom Line

No. V323 Format: V Time: 20 min.
Describes the economic benefits of a sound safety program including a firm's ability to control its Experience Modification Rate.

Scaffolding Safety

No. V154 Format: V Time: 5 min.
Falls from scaffolding cause hundreds of deaths every year. Illustrates proper safety procedures for working on scaffolds.

Self-help for Back Pain

No. V168, V218S Format: V, VS Time: 5 min.
Understanding how back pain occurs can go a long way toward prevention. Focuses on preventing back injury and offers a few simple exercises for relieving back pain.

Sell Safety

No. V331 Format: V Time: 10 min.
Explains why supervisors have to "sell" workers on the necessity of safe work habits. Foremanship Training Series. AUDIENCE: Supervisory Personnel.

Servicing and Installing Multi-piece Rims

No. V426 Format: V Time: 16 min.
Good program for anyone working with split rims. It explains tire pressure/force, specific hazards, and tire repair/installation procedures. Meets OSHA training requirements.

Set the Pace

No. V332 Format: V Time: 10 min.
Shows a supervisor "setting the pace" (for workers to follow) in safety practices in the coal mining industry. Supervisor exhibits the concepts of sincerity, enthusiasm and "setting an example". Foremanship Training Series. AUDIENCE: Mining Supervisory Personnel.

Shock

No. V432 *Format: VES* *Time: 8 min.*

Illustrates first aid for shock as taught in the First Aid Course for the mining industry. First Aid Video.

Shock Hazards - Power Tools

No. V114, V250S *Format: V, VS* *Time: 5 min.*

Improperly used or maintained, power tools can injure or kill. Simple ways to prevent electric shock from power tools.

Shocking Experience, A

No. V134 *Format: V* *Time: 5 min.*

Electrical hazards pose a danger at home as well as in the work place. Reviews proper safety precautions for working with electricity.

Signal, The

No. V113, V251S *Format: V, VS* *Time: 5 min.*

Working around cranes and knowing the proper way to direct them is essential. Overviews the most widely-used international hand signals for directing cranes.

Skin Protection: Hazards in the Workplace

No. V176 *Format: V* *Time: 8 min.*

Preventing dermatitis with safe working habits. Proper use of PPE. Importance of reporting all injuries. Safety Pays Tape 1.

Slag Injuries to the Eye

No. V152, V252S *Format: V, VS* *Time: 5 min.*

When thrown into the eye, even the smallest particles can do great harm. Reminds us of the need for proper eye protection.

Slippin' and Trippin'

No. V164, V253S *Format: V, VS* *Time: 5 min.*

Injuries from slips and falls are the second-highest workers' compensation claim in the U.S. Illustrates a few ways to avoid these hazards.

Slips and Falls

No. V423 *Format: V* *Time: 10 min.*

Through the character of Larry, viewers observe how easy it is to let our safety attitude lapse. Punctuated with just the right amount of humor, this video covers slip and fall hazards ranging from housekeeping practices to ladder use.

Sound Level Meter Calibration

No. V324 *Format: V* *Time: 8 min.*

A demonstration of field calibration of a sound level meter to assure that the meter is functioning properly and within accepted limits. AUDIENCE: Industrial hygienists and/or safety professionals who will use the equipment.

Special Operating Conditions

No. S125 *Format: SI* *Slides: 61*

Introduction to possible abnormal conditions (such as loss of oil pressure or degraded steering). Gives an opportunity to develop problem recognition skills coupled with correct response actions. Discusses problems such as bad weather conditions and loss of traction. Front-end Loader Training System.

Spirometry: The Three Elements of Effective Testing

No. V306 *Format: V* *Time: 15 min.*

Covers proper spirometer testing procedures. Demonstrates and analyzes machine preparation, subject preparation, testing execution and test result validation. Basic pulmonary function testing.

Star Witness - Accident Reporting

No. V129, V254S *Format: V, VES* *Time: 5 min.*

Reminds workers that observing the details of an accident and reporting them accurately can prevent lost time in the future.

Start-up, Shutdown and Ladder Safety

No. S122 *Format: SI* *Slides: 86*

Teaches start-up (to include pre-start checks), basic system checks performed prior to loader operation, shutdown procedures, and a thorough approach to ladder safety. Front-end Loader Training System.

Step by Step: Avoiding Slips, Trips and Falls

No. V192 *Format: V* *Time: 16 min.*

Disabling injuries associated with falls; common causes of slips described with appropriate corrective action. Recognizing and correcting hazards.

Stop the Bleeding

No. V111, V255S *Format: V, VS* *Time: 5 min.*

When an accident causes severe bleeding, quick and proper action is vital. Outlines the procedures for dealing with severe bleeding.

Strategy to Prevent Tragedy

No. V292 *Format: V* *Time: 16 min.*

Illustrates and discusses inspection and care of eye injuries and eye protection.

Street Drugs

No. V220 *Format: V* *Time: 30 min.*

"Street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship. Learn how these drugs affect both the brain and the body. Covers depressants, stimulants, narcotics, hallucinogens, inhalants, and designer drugs. AUDIENCE: Junior high through adult.

Substance Abuse: Is It Our Problem?

No. V336 *Format: V* *Time: 34 min.*

Substance abuse poses problems in the workplace. Examines substance abuse from "the toolroom to the boardroom." Includes material about EAPs and related programs.

Success at the Top: Stairway and Ladder Safety

No. V337 *Format: V* *Time: 17 min.*

Helps your employees understand the new OSHA standard and satisfies most of the training requirements.

Supervisor's Guide to Accident Reporting

No. V418 *Format: V* *Time: 12 min.*

Explains why accident investigation reports are important and offers tips on investigation fact finding techniques. Demonstrates the wrong way to conduct an employee interview after an accident and some "human behavior" tips.

Surface Area of Underground Mines - Part I & II

No. S132 Format: S1 Slides: Part I= 50, Part II= 65
Developed to increase awareness of electrical hazards. Focuses on a common sense approach for preventing electrical accidents. Electrical Safety Training Program.
AUDIENCE: Mining Personnel.

Surface Mines - Part I & II

No. S126 Format: S1 Slides: Part I= 52, Part II= 71
Developed to increase awareness of electrical hazards. Focuses on a common sense approach for preventing electrical accidents. Electrical Safety Training Program.
AUDIENCE: Mining Personnel.

System Fluid Level Checks

No. S121 Format: S1 Slides: 31
Covers additional pre-shift check points, including fluid level checks. Front-end Loader Training System.

System Orientation

No. S118 Format: S1 Slides: 27
Introduces the trainee to the major operational systems of the loader. Covers how the hydraulic systems provide braking, steering, and bucket operational capabilities. Front-end Loader Training System.

T

Tag You're It

No. V137 Format: V Time: 5 min.
Shutting down and locking out machinery prior to making repairs. Emphasizes the necessity of LockOut/TagOut.

Take Charge: Working Safely with Temporary Electricity

No. V339 Format: V Time: 18 min.
Developed to train construction employees about the hazards of working around temporary electricity. AUDIENCE: Construction Personnel.

Teach Safety

No. V340 Format: V Time: 15 min.
Stresses importance of the supervisor's responsibility when teaching miners correct, safe and efficient work methods. Foremanship Training Series. AUDIENCE: Mining Personnel.

Thermal Burns

No. V128 Format: V Time: 5 min.
When a worker sustains a thermal burn, proper treatment is essential. Graphically illustrates the effects of thermal burns and outlines proper first aid.

Thermal Burns

No. V427 Format: V Time: 5 min.
Shows how heat-related burns in the workplace can be prevented with proper work practices and the Do's and Don'ts when treating a burn victim. Also, includes three additional minutes advertising their videos.

Think Quicksand: Safety Around Bins, Hoppers and Stockpiles

No. V271S Format: VS Time: 10 min.
Each year, lives are lost in accidents involving loose materials. Typically, victims have been buried by material giving way under them or falling down on them.

To Hear the Birds Sing

No. V127 Format: V Time: 5 min.
When toxic gases or fumes are present in the workplace, respirators are a requirement - not an option. Discusses proper usage and maintenance of respirators.

To Last a Lifetime

No. V193 Format: V Time: 16 min.
Discussion of maintaining the proper safety attitude for preventing back injuries.

Tree Trimming Safety

No. V410 Format: V Time: 18 min.
Explains the safety and maintenance considerations for working with chain saws, chippers, high-lift trucks, and general tree trimming safety.

Trenching and Excavation Operations

No. S115 Format: S4 Slides: 78
Explores the causes of cave-ins, wall collapses, and other hazards such as slips, and falls, and confined atmospheres. Stresses the importance of adequate sloping and shoring, pre-planning control measures, and regular site inspection. Hazard Recognition...A Series.

Trenching and Shoring - The Hole Story

No. V411 Format: V Time: 12 min.
Every year, dozens of workers are killed in unsafe trenches. Explains the risks, the need for shoring soils, conditions that affect the stability of trenches, and alternatives to shoring.

Trenching Safety I

No. V216 Format: V Time: 5 min.
Defines trenching procedures. Talks of using proper equipment and processes, and personal protective equipment. AUDIENCE: Contractors and/or ditch digging crews.

Trenching Safety II

No. V217 Format: V Time: 5 min.
Methods to prevent trench cave-ins. Designing a protective system to prevent trench cave-ins. Shoring engineering reviewed. Proper trench inspections. AUDIENCE: Contractors and/or ditch digging crews.

TWCC Medical Review Training Video

No. V428 Format: V Time: 45 min.
Informative overview of TWCC Medical Review Division's forms and procedures.

25 Most Commonly Cited OSHA Violations

No. V345 Format: V Time: 10 min.
Explains the most commonly cited violations. Excellent program for managers, supervisors and employees to guide them in better OSHA compliance.

U

Underground Mines - Part I & II

No. S128 Format: S1 Slides: Part I= 70, Part II= 47
Developed to increase awareness of electrical hazards. Focuses on a common sense approach for preventing electrical accidents. Electrical Safety Training Program.
AUDIENCE: Mining Personnel.

Understanding Your Back

No. V260 Format: V Time: 15 min.

Explanation of anatomy, postural habits, daily activities and exercise activities to keep your back healthy. Body mechanics and proper lifting techniques are explained and shown.

Universal Precautions

No. V187 Format: V Time: 40 min.

Blood borne pathogens. Protection against Hepatitis B and HIV. AUDIENCE: Health Care Workers.

Unsafe Acts - Human Behavior

No. V412, V413S Format: V, VS Time: 9 min.

The vast majority of accidents in the workplace are caused, in whole or in part, by the unsafe acts of employees. Emphasizes reducing unsafe acts through education.

Up in Smoke

No. V112, V256S Format: V, VS Time: 5 min.

When handled improperly, flammable liquids can spell disaster. Illustrates some common mistakes and explains proper handling of flammable liquids.

Updated 1990 Hand and Power Tool Safety

No. V414 Format: V Time: 13 min.

Excellent program to help reduce injuries when using hand and power tools. Explains electrical safety, impact tools, wrenches, cheater bars and miscellaneous safety when using hand and power tools. Emphasizes safety behavior and attitude.

Use the Right Tool

No. V177 Format: V Time: 5 min.

Using the incorrect tool causes many injuries. Proper equipment usage is very important to preventing accidents. Safety Pays Tape 2.

V

Vibration Syndrome: Principles of Ergonomics

No. V185 Format: V Time: 25 min.

Whole body vibration exposure. Vibration white finger (VWF). AUDIENCE: Risk Analytical Personnel (Highly Technical Language).

Video Display Terminal and You, The

No. V174 Format: V Time: 17 min.

Ergonomics involved with using VDT's. Proper posture, chairs and eye exercises. AUDIENCE: Persons who spend a lot of their working time at a VDT or computer monitor.

Video Display Terminal Safety

No. V415 Format: V Time: 10 min.

Designed for anyone using VDT's, to help explain some of the myths about electromagnetic radiation and other effects of VDT usage. VDT's are safe to use, if they're used properly. Explains how to avoid eye strain and the persistent neck and backaches associated with VDT usage.

Vision of a Winner

No. V281 Format: V Time: 15 min.

Shows and discusses eye injuries resulting from sports activities in which the participants wore no eye protection.

Visions of Prevention

No. V315 Format: V Time: 27 min.

A discussion of the National Symposium on the Prevention of Occupational Diseases and Injuries, Atlanta, Georgia, June 1985. A discussion of future directions of prevention strategies for reducing injuries and disease in the workplace.

W

Watch Your Back

No. V167 Format: V Time: 5 min.

Lifting heavy objects the wrong way can result in serious injury. Humorously illustrates the five steps to proper lifting.

Watch Your Load

No. V257S Format: VS Time: 5 min.

Loose items inside a vehicle can become deadly projectiles during an accident or sudden stop. Illustrates the dangers of unrestrained cargo.

Welcome Interruption-GFCI, A

No. V122, V258S Format: V, VS Time: 5 min.

Properly used, a GFCI can prevent electric shock. Explains the basic function and proper use of a GFCI.

What am I Worth?

No. V343 Format: V Time: 38 min.

Shows miners who abuse substances on their shifts, the impact of such behavior on their jobs and lives, and the effect of help they received from their company's EAPs. AUDIENCE: Mining Personnel.

What Gets Measured and Rewarded Gets Done: Part 3

No. V282 Format: V Time: 21 min.

Strict accountability is necessary in the line organization, and Dr. Petersen explains three successful accountability systems. Dan Petersen Safety Management Series.

What's Wrong with this Picture?

No. V422 Format: V Time: 21 min.

Holds viewers' attention while providing training and information needed to work with chemicals safely. Gives examples of incorrect and correct chemical safety procedures in a wide variety of work settings. Explains MSDS sheets, and technical terms commonly found on labels.

Where are your Hands?

No. V162, V259S Format: V, VS Time: 5 min.

Hand injuries account for a major portion of on-the-job accidents in today's workplace. Outlines the "do's and don'ts" of hand safety.

Who's the Boss?

No. V132 Format: V Time: 5 min.

In a work environment where safety and profit depend on clear thinking, drug use cannot be tolerated. Reminds us not to let drugs run our lives.

Winning Ticket: Housekeeping on the Job-site, The

No. V344 Format: V Time: 13 min.

Designed to train employees on hazards/problems of cluttered jobsites. AUDIENCE: Construction Personnel.

Worker's Enemy Number One

No. V126, V219S Format: V, VS Time: 5 min.

Forty percent of all work-related injuries involve the back. Explains how to avoid back injury through a few common sense practices.

Working Drug Free

No. V302 Format: V Time: 15 min.

Discusses most common drugs on the job - marijuana, alcohol, and cocaine. Shows their effects on job performance by talking to people who have used drugs on the job. Describes the EAP's and their benefits.

Workplace Safety Inspection Checklist

No. V416 Format: V Time: 15 min.

Overview of workplace inspections, how to complete inspection forms, and basics relating to unsafe conditions in any type of workplace. This video is specific to California OSHA, but principles of inspection checklist use can be applied to Texas.

Wounds and Dressing

No. V433 Format: VES Time: 11 min.

Illustrates first aid for wounds and dressing as taught in the First Aid Course for the mining industry. First Aid Video.

X,Y,Z**Your Back at Work**

No. V214 Format: V Time: 21 min.

Shows how your back works (anatomy), lifting safely, and how a healthy lifestyle can prevent back injuries.

TWCC RESOURCE CENTER

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- Basket Lift - Safety ... See PERSONNEL LIFT SAFETY
- Batteries - Safety ... See AUTO REPAIR - SAFETY
- Blindness - Prevention ... See EYE SAFETY
- Bloodborne Pathogens ... See ACQUIRED IMMUNODEFICIENCY SYNDROME
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